

NEWS

FROM BEACH GLASS BOOKS
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Anne Moss Roger's Powerful Memoir, *Diary of a Broken Mind*, is International Book Award Finalist

Beach Glass Books and Emotionally Naked LLC are proud to announce that *Diary of a Broken Mind: A Mother's Story, a Son's Suicide, and the Haunting Lyrics He Left Behind*, by Anne Moss

Rogers, with her late son, Charles, has been named a 2020 International Book Awards (ABA) Finalist. The book had already been named a 2020 Library of Virginia Literary Award nominee, with those results being announced at the end of 2020.

The book was honored in the ABA Health: Psychology/Mental Health category. [Jeffrey Keen](#), President and CEO of [American Book Fest](#) and the International Awards, said this year's contest had 2,000+ entries from authors and publishers around the world.

Rogers says, "Memoirs about suicide rarely win mainstream accolades. My soul is between those book covers and to have it recognized as award-worthy is such an honor."

Charles Aubrey Rogers suffered from depression and later addiction, then ultimately died by suicide. *Diary of a Broken Mind* focuses on the relatable story of what led to his suicide at age twenty and answers the why behind his addiction and this cause of death, revealed through a mother's story and years of Charles' published and unpublished song lyrics.

The closing chapters focus on hope and healing—and how the author found her purpose and forgave herself.

Diary of a Broken Mind is a poignant and powerful story written with telling detail and searing honesty—and hope. It is an inside look at the issues of depression, addiction, and suicide affecting so many families.

Anne Moss Rogers is an author, [Emotionally Naked speaker](#), suicide prevention trainer, and a [TEDx speaker](#) who captures hearts and fills them with hope. Her blog [EmotionallyNaked.com](#) reaches 700-1200 visitors per day on subjects of mental illness, addiction, grief, and suicide. *Diary of a Broken Mind* is her first book and she is currently under contract with educational publisher, Jossey-Bass (a division of Wiley Publishing) to co-write a book with Kim O'Brien PhD for the educational market about preventing student suicide.

[Diary of a Broken Mind](#) is available online at Fountain Book Store, Barnes & Noble, Beach Glass Books, and Amazon.

FOR MORE INFO: Please visit [BeachGlassBooks.com](#), [AnneMossRogers.com](#), [EmotionallyNaked.com](#)

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