

the emotionally naked® speaker

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[Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk](#) by Anne Moss Rogers and Kimberly O'Brien PhD, LICSW

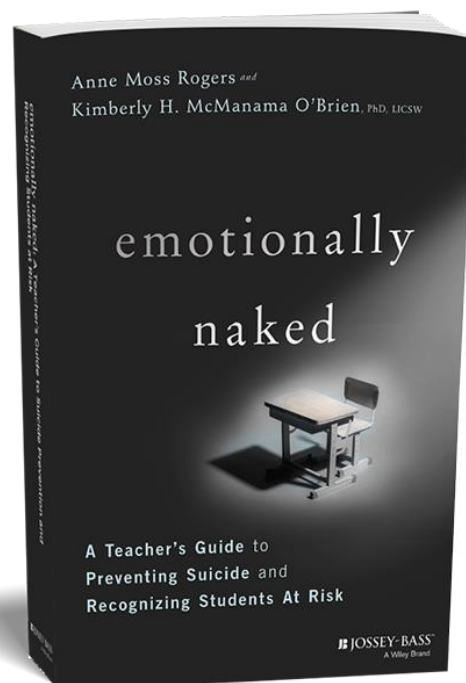
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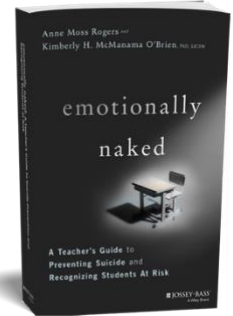
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Resource Guide	✓	✓	✓	✓	✓	✓
25 Mindfulness and Discovery Activities for Classrooms	✗	✓	✓	✓	✓	✓
Facebook Live Q & A with Anne Moss	✗	✗	✓	✓	✓	✓
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Book Images: <https://photos.app.goo.gl/34JqX9ifXnjhhqf7>

Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk:

Book Description:

In [*Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk*](#), trainer, speaker, and suicide loss survivor Anne Moss Rogers and clinical social worker and researcher, Kimberly H. McManama O'Brien, PhD, LICSW, empower middle and high school educators with the knowledge and skills to leverage their relationships with students to reduce this threat to life.



Educators will learn evidence-based concepts of suicide prevention, plus lesser-known innovative strategies and small culture shifts for the classroom to facilitate connection and healthy coping strategies, the foundation of suicide prevention. Included is commentary from teachers, school psychologists, experts in youth suicidology, leaders from mental health nonprofits, program directors, and students. In addition, readers will find practical tips, and sample scripts, with innovative activities that can be incorporated into teaching curricula.

You'll learn about:

- The teacher's role in suicide prevention, intervention, postvention, collaboration
- The different and often cryptic ways students indicate suicidality
- What to do/say when a student tells you they are thinking of suicide
- Small shifts that can create a culture of student wellness
- How to address a class of grieving students and the empty desk syndrome
- Link to a download of resources, worksheets, activities, scripts, quizzes, and more

Who is it for:

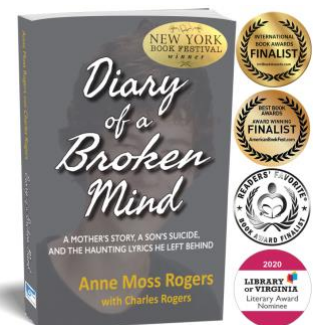
Middle/high school teachers and educators, school counselors, nurses, psychologists, coaches, and administrators, as well as parents who wish to better understand the complex subject of youth suicide.

Diary of a Broken Mind, Memoir

[*Diary of a Broken Mind: A Mother's Story, a Son's Suicide and the Haunting Lyrics He Left Behind*](#) by Anne Moss Rogers with Charles Rogers, Retail price: \$16.95

Book Description: (Traditional Publish-Beach Glass Books)

To order Diary of a Broken Mind in quantity, contact Ray McCallister at Beach Glass Books: +1 (804) 370-3487, ray@raymcallisterbooks.com



[*Diary of a Broken Mind: A Mother's Story, a Son's Suicide and the Haunting Lyrics He Left Behind*](#), by Anne Moss Rogers and the late Charles Aubrey Rogers focuses on the relatable story of what led to Charles' shocking suicide at age twenty and answers the "why" behind this cause of death, revealed through her family's story and years of his published and unpublished rap song lyrics. The last several chapters focus on hope and healing and how Anne Moss found her purpose and forgave herself. This memoir won the 2020 New York Book Festival for Nonfiction, was a 2020 International Book Award Finalist, 2020 American Book Award Finalist,

2020 Reader's Choice Award Finalist, and a 2020 nominee for the Virginia Library Literary Award.

Store Page on Anne Moss's Website: <https://annemoss.com/shop/>

Websites:

AnneMossRogers.com

EmotionallyNaked.com