EIU's Annual Bonine Suicide Prevention Conference 2022 Schedule

*Conference will be running on Central Standard Time Zone

4/7/2022

8:45am — **Zoom Session will Open**

8:50am — **Introductions will start and information on attendance, evaluations and other reminders will be given.**

9:00-10:15am — **Key Note Speaker - Anne Moss Rogers - The Emotionally Naked Truth About Suicide**

TEDx and emotionally naked storyteller, Anne Moss Rogers, has built a following on the subject of suicide, and the mental illness and addiction that often trigger it. After trying to find help for her once joyful son and rap artist, including wilderness therapy and therapeutic boarding school, Charles met heroin, a love affair that ended with his suicide on June 5, 2015. The pandemic has left students and adults feeling depressed, anxious about an uncertain future, and altogether more vulnerable. This presentation dispels common myths about suicide and substance misuse, while delivering a message of hope, and empowering regular humans with the skills to help prevent his threat to life.

10:30-11:30am — **Clayton Crozier, B.S./Jensen Morrison, B.S. - How Mental Health and Covid has impacted College Students**

This session will examine the mental health impact that the Covid-19 pandemic has had on college students at Eastern Illinois University. Specifically, examining the relationship between the Covid-19 pandemic and the mental health impacts concerning anxiety, stress, and depression of college students, as well as the relationship between both vulnerability and resiliency factors that individuals have that may increase or decrease this impact.

11:45-12:45pm — **Jenna Muller, M.A. - The impact COVID-19 has had on healthcare and social service providers' mental health**

This presentation will provide an overview of the impact COVID-19 has had on healthcare and social service providers' mental health. We will also discuss evidence-based strategies to reduce burnout and improve psychological well-being.

12:45-1:15pm — **Lunch Break**

1:15-2:15pm — **Angie Ullrich, M.A., LCPC-Widespread Pandemic Creates Widespread Crisis**

This presentation will explore how the COVID_19 has impacted the Child Welfare System, as well as the effects on resources/services. The increase in mental health crisis in adolescents and children, and its correlation with the pandemic will also be discussed.

2:30-3:30pm

April Jackson, Ed. D- Disabilities Office at EIU - Q and A - Mental Health Supports Through an Accommodation Lens

Dr. April Jackson, is the Director for Student Disability Services on EIU's campus as well as a DAP Adviser, and Mental Health Frist Aid Trainer. This Q&A session aims to be a space for students and staff to ask question about how student disability services strives to support students with mental health concerns.

3:45-4:45pm

Danessa Carter, PhD, LCPC - Suicide Risk and Substance Use Disorder

This session aims to provide attendees with a greater understanding of additional risk factors related to suicidality based on diagnosis of substance use disorder. Attendees will identify potential complications from substance use and accidental overdose including use of NARCAN. Attendees will also gain skills related to assessment and intervention methods for substance use disorder.